



# DISTRICT 7030 MONTHLY NEWSLETTER

17 COUNTRIES 74 ROTARY CLUBS 47 ROTARACT CLUBS 1 GOAL

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## DISTRICT PHOTO CONTEST: WHERE DOES ROTARY TAKE YOU?

We want to see where Rotary takes you! Our District is made up of 17 countries, each with their unique histories, natural wonders, and charm. Show us the beauty that you encounter while your Club is serving to change lives. **Email your images at any time and every month, we'll choose our favourite for the Newsletter's cover!**  
[rotarydistrict7030newsletter@gmail.com](mailto:rotarydistrict7030newsletter@gmail.com)

Photo feature: Suriname at Sunset. The country has a carbon negative footprint due to the Amazon rainforest. With 93% forest coverage this makes Suriname the greenest country in the world!

**In this Issue: Rotary's Commitment to Diversity, Equity and Inclusion (DEI) | DG's Visit to St. Vincent and the Grenadines | In the District Projects | Membership Month | Fundraising | Updates & Notifications | Rotaract | Opportunities | Look Ahead: September**

## MEET THIS YEAR'S EDITORIAL TEAM



Indira Mattai  
PE RC Demerara | Guyana



Sophia Cooper  
PP RC Tobago | Trinidad and Tobago



Arlene Ross  
Director - Public Relations RC  
Barbados | Barbados

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## ROTARY'S COMMITMENT TO DIVERSITY, EQUITY AND INCLUSION (DEI)



### DIVERSITY

"We value diversity and celebrate the contributions of people of all backgrounds, across age, ethnicity, race, color, disability, learning style, religion, faith, socioeconomic status, culture, marital status, languages spoken, sex, sexual orientation, and gender identity as well as differences in ideas, thoughts, values, and beliefs."



### EQUITY

"Recognizing that individuals from certain groups have historically experienced barriers to membership, participation, and leadership, we commit to advancing equity in all aspects of Rotary, including in our community partnerships, so that each person has the necessary access to resources, opportunities, networks, and support to thrive."



### INCLUSION

"We believe that all people hold visible and invisible qualities that inherently make them unique, and we strive to create an inclusive culture where each person knows they are valued and belong."

At Rotary, we understand that cultivating a diverse, equitable, and inclusive culture is essential to realizing our vision of a world where people unite and take action to create lasting change. In line with our value of integrity, we are committed to being honest and transparent about where we are in our DEI journey as an organization, and to continuing to learn and do better.

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## ROTARY'S COMMITMENT TO DIVERSITY, EQUITY AND INCLUSION (DEI)

Everyone who engages with Rotary — no matter who they are, where they are in the world, or how long they have been connected with Rotary — should feel valued, respected, and welcomed. These ideals reflect what current and prospective members want and expect from their Rotary experience: respect, ethical leadership, inclusion, and the opportunity to work together to create more just, open, and welcoming communities for all people. Diversity has long been one of Rotary's core values and continues to serve as a foundation for how we interact with each other and our communities. But we know there is more for us to learn and do in order to ensure that our organizational culture reflects and exemplifies DEI in all ways. The Board of Directors convened the DEI Task Force to assess the current state of DEI within Rotary and develop a comprehensive plan of action with achievable, measurable, and meaningful outcomes for Rotary. This plan will be presented to the Board of Directors in October 2021. As a first step in that new plan to ensure our organization values and lives the principles of DEI, the Board of Directors, with guidance from the Task Force, revisited and took measures to strengthen Rotary's DEI statement adopted in 2019. The result is a new commitment to diversity, equity, and inclusion.



**SERVE TO CHANGE LIVES**

Diversity, equity and inclusion is not a political issue; we all have the right to be treated with dignity and respect, to have equal opportunities for fellowship and service, and to be given the same platforms for our voices to be heard. Expand your knowledge by taking a DEI course in the Rotary Learning Center. Remember, there is no place for racism, homophobia, transphobia, sexism, classism, or ageism in Rotary. We do not tolerate speech or behavior that promotes bias, discrimination, prejudice, or hatred because of age, ethnicity, race, color, disabilities, religion, socioeconomic status, culture, sex, sexual orientation, or gender identity.

### HOW TO SUPPORT DEI IN YOUR CLUB:-

- CREATE A MEMBER DIVERSITY AND INCLUSION ACTION PLAN
- HOLD YOURSELVES AND EACH OTHER ACCOUNTABLE WHEN A PERSON'S ACTIONS DO NOT REFLECT ROTARY'S IDEALS OR VALUES
- INVITE LOCAL DEI EXPERTS TO SPEAK TO YOUR CLUB. CONNECT WITH LOCAL ORGANIZATIONS THAT SUPPORT DEI EFFORTS AND WORK WITH THEM ON PROJECTS OR EVENTS
- ENCOURAGE AND SUPPORT CURRENT PARTICIPANTS FROM UNDERREPRESENTED GROUPS TO TAKE ON LEADERSHIP POSITIONS IN YOUR CLUB AND DISTRICT



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## DISTRICT GOVERNOR'S VISIT TO RC ST. VINCENT TO CELEBBRATE 50TH ANNIVERSARY

The official visit of DG Sonya to St. Vincent and the Grenadines included community service and climaxed with a Cocktail reception at the Young Island Resort, where Past Presidents and foundation members of the Rotary Club of St. Vincent were recognized and a variety of projects over the last 50 years were highlighted.



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## ROTARY DAY OF SERVICE – 21 SEPTEMBER 2021 – INTERNATIONAL DAY OF PEACE

As Rotarians, one of our focus areas is peace and conflict prevention/resolution. Our first Rotary District 7030 Service Day is 21 September 2021, the International Day of Peace. On this day, our District's Call to Action and Service Day is for all Rotarians, Rotaractors and Interactors are encouraged to share messages that prevent conflict and promote peaceful interaction online to end cyberbullying and online abuse within our communities. Our goal is to reach at least 25% of non-Rotary members.

### YOUR CHILD'S ONLINE SAFETY "A QUICK PARENTS' GUIDE"

Our children spend more and more time online. It can be a brilliant resource. But we need to help them to avoid the dangers. Here are some tips that can help them deal with safety online and cyberbullying.

#### **Enjoy your life online, but take care and be aware!**

Parents want to help you protect yourself, not spoil your fun. The internet can be an amazing place for you. It can also be dangerous. Be aware.

#### **Don't**

Give out any personal information, your location or share your passwords. Share intimate photos with anyone, ever. Connect with people you don't know in real life. Post anything you wouldn't want your parents or teachers to see.

#### **Do**

Beware of imposters. Not everyone on the internet is who they say they are. Be careful what you share, especially photos. What goes online stays online forever. Talk to your parents/caregivers/another trusted adult if you have any worries. They want to help you protect yourself, not spoil your fun.

### **Cyberbullying**

If you're being cyberbullied with threats, abuse, sharing of embarrassing information or just being ignored: -

- Talk to a parent, guardian or another trusted adult
- Ignore the bullies if it's not too serious. They are often just out for a reaction
- Block or 'unfriend' them
- Report them to the site they are on
- Take screen shots for evidence
- Maybe come off social media for a bit

**And don't be a cyberbully yourself! Your words can hurt too.**



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## ROTARY DAY OF SERVICE – 21 SEPTEMBER 2021 – INTERNATIONAL DAY OF PEACE

### Your child's online safety – Be aware

#### 1. Where to start

- What is your child doing online? You need to know. Ask questions
  - Let them show you how they're using social media
    - Try to keep devices in family areas
  - Remind them never to share personal information
  - Check the privacy settings on all their accounts
- Use parental controls to monitor what your child is doing online, block websites and set time limits

#### 2. Use Parental Controls

- These monitor what your child is doing online, block website and set time limits
- There are various examples you can download or click on for a range of devices (Apple iOS, Android, Kindle, PC)
  - Some options are already built into the device
  - Look on the internet for the ones that suit you best
  - [This website](#) by Media Smarts provides a good overview

#### 3. Beware of Grooming

- This is when someone tries to get close to a child online to sexually abuse them
- They may ask the child to 'sex'— send sexual material virtually (photos or videos of themselves) — or to meet in real life
- Discuss the risks of grooming with your child – they should never meet anyone they befriend online without a parent there
  - Contact the authorities if you think your child has been groomed

#### 4. Cyberbullying

Online bullying can be teasing, abuse, sharing private information, spreading rumours or excluding people

It may go much wider than real life bullying. Other bullies can 'pile on'

'Trolling' is a kind of cyberbullying where someone posts hurtful message to get a reaction

If your child is cyberbullied, they can

- Talk to you. Let them know you're there for them
- Ignore, block or 'unfriend' the bullies
- Take screen shots for evidence and report them
- Maybe come off social media for a bit

If the bullying is extreme you may need to involve the police

#### 5. Don't let your child stay on too long

- Limit the amount of time your child spends online
- Make a schedule together that includes family time, exercise, hobbies, etc
- Ensure that the sites they visit are age-appropriate
- Look for signs of internet overuse – e.g., disturbed sleep or anger when told to come off
  - Work with them to gradually reduce the time
  - Don't stay online too long yourself! Set a good example



## IN THE DISTRICT: BECOMING A MAJOR DONOR

### MAJOR DONORS HAVE A MAJOR IMPACT

Through the generosity of people like PP Sharon, our Rotary Foundation is able to fund sustainable projects that help communities throughout the world address their greatest challenges. Our projects yield both immediate and long-term benefits, while multiplying the impact of each gift, strengthening communities, and building world understanding and peace.

As a Major Donor she is among a dedicated group of humanitarians who have committed themselves to helping others less fortunate. This special group of persons are changing lives of children, young people, and adults through a legacy of hope.

Contributions like this enable the Foundation to carry out an array of programs through Rotarians and Rotary clubs around the globe.



PP SHARON CORDER from Antigua reached Major Donor status on 2nd July 2021.

- 1 *Improve living conditions for needy families locally and globally*
- 2 *Increase food production and clean water programs*
- 3 *Provide equipment and educational materials for schools*
- 4 *Allay the suffering of the sick and disabled by providing immunization, medical treatment and rehabilitation*
- 5 *Provide new channels for international understanding, and brighter hopes for peace through Ambassadorial Scholarships and Rotary World Peace Fellows*

#### Major Donor

When your cumulative donations reach \$10,000 Major Donors can choose to receive a crystal recognition piece and a Major Donor lapel pin or pendant. NOTE: Name recognition is not automatic and needs to be reported to RI staff. Recognition items commemorate giving at these levels: -

- Level 1: \$10,000 to \$24,999
- Level 2: \$25,000 to \$49,999
- Level 3: \$50,000 to \$99,999
- Level 4: \$100,000 to \$249,999

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## ROTARY QUOTA IS THE FOURTH ROTARY CLUB IN SURINAME

On Friday, July 23, 2021, history was written at the charter event of the fourth Rotary Service club in Suriname which took place via a Webinar. The entire Service Club "Quota International of Suriname" joined District 7030 of Rotary International and is now called Rotary Club of Paramaribo Quota, Club Rotary Quota for short.

Until last year, Quota Suriname was part of "Quota International Inc." The international board of the mother club decided to dissolve the organization in 2020, due to circumstances, after which Quota Suriname started a process of continuation. For 9 months, the members of Quota Suriname conducted an in-depth investigation into possibilities for the club to continue the service work.

Affiliation to an international organization was an important criterion, international service clubs were also researched, and a short list was asked to present their clubs.



Photo: The first Rotary Quota board gets the club pins pinned by Oliver Smith, the Assistant Governor. From left to right, top to bottom: President Daniëla Herkul, Maureene Atmodimedjo-Kasanpawiro (Secretary), Anthousa Karsodikromo-Lim A Po (President-elect) and Cindy Uden (Treasurer).



## IN THE DISTRICT: PROJECTS

Here's how some Clubs have been Serving to Change!

Donations &  
Handing Over

### ROTARY CLUB OF PARAMARIBO CENTRAL



Infrastructural Work  
Building

### ROTARY CLUB OF WILLEMSTAD 'CURA DOET'



Donation of ECG  
Health

### ROTARY CLUB OF GEORGETOWN



Rotary as an organization believes that good health care is everyone's right. Hence the Rotary Club of Georgetown and partner GBTI were extremely proud to handover one ECG machine? which cost US\$5,000 to the Georgetown Public Hospital. We are certain that the donation will allow the hospital to continually provide critical medical care and overall achieve the goals set out in The Guyana Project for the Advancement for Cardiac Care (GPAAC Program). Our club and its partners will continue to support causes which seek to improve access to health care across our country.

The Environment  
Replanting trees

### ROTARACT CLUB OF F.R.E.S.H



In the context of International Day for the Conservation of Mangrove Ecosystem on the 26th of July 2021, the Rotaract club of F.R.E.S.H. held their annual project "Gradually it can all disappear. Let's save the environment and plant mangrove trees!" The goal of this project is to restore biodiversity, coastal conservation and restoration by planting mangrove trees along the coastal plain of Suriname. Approximately 65 trees were planted on the 25th of July. The project contributed to the sharpening of awareness of our club members regarding the impact of their behavior on global warming.

## OPPORTUNITIES

Click on any of the links below to take advantage of some of the opportunities that Rotary affords you!



[Apply to Serve on a 2022-2023 Committee](#)



[Join the Rotary Positive Peace Academy](#)



[Take a Course in the Rotary Learning Center](#)



[Rotary and Toastmasters Together](#)

## LOOK AHEAD: SEPTEMBER

September's Theme is **Basic Education and Literacy Month**. More than 775 million people over the age of 15 are illiterate. That's 17 percent of the world's adult population. Rotary's goal is to strengthen the capacity of communities to support basic education and literacy, reduce gender disparity in education, and increase adult literacy. Link your projects on this month's theme to our [Instagram](#) and [Facebook](#) pages so you can inspire others to **serve to change lives, too**.

To learn more about Rotary's global efforts on Basic Education and Literacy [click here](#).

## SUBMISSION GUIDELINES & MONTHLY THEMES

### CLUB CHARTER ANNIVERSARIES

#### SEPTEMBER 10

RC Antigua (49 years old)

#### SEPTEMBER 12

RC Portsmouth (8 years old)

#### SEPTEMBER 14

RC Kourou (51 years old)

#### SEPTEMBER 16

RC Willemstad (19 years old)

#### SEPTEMBER 17

Garden City (1 year old)

#### SEPTEMBER 19

RC Bequia (33 years old)

#### SEPTEMBER 26

RC François (38 years old)

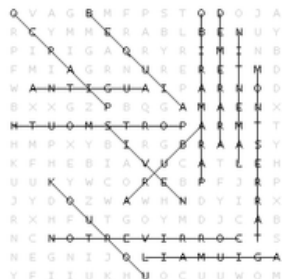
#### SEPTEMBER 26

RC San Fernando South  
(38 years old)

#### SEPTEMBER 27

RC Chaguanas (37 years old)

#### SOLUTION



### DISTRICT 7030

#### MONTHLY THEMES

MONTH	OLD THEME	NEW THEME
JULY	CHANGEOVER	TRANSITION
AUGUST	MEMBERSHIP & EXTENSION	MEMBERSHIP & EXTENSION
SEPTEMBER	NEW GENERATIONS	BASIC EDUCATION AND LITERACY
OCTOBER	VOCATIONAL SERVICE	ECONOMIC AND COMMUNITY DEVELOPMENT
NOVEMBER	THE ROTARY FOUNDATION	THE ROTARY FOUNDATION
DECEMBER	FAMILY OF ROTARY	DISEASE PREVENTION AND TREATMENT
JANUARY	ROTARY AWARENESS	VOCATIONAL SERVICE
FEBRUARY	WORLD UNDERSTANDING	PEACE AND CONFLICT PREVENTION/RESOLUTION
MARCH	LITERACY	WATER AND SANITATION
APRIL	THE ROTARIAN MAGAZINE	MATERNAL AND CHILD HEALTH
MAY	EDUCATION	YOUTH SERVICE
JUNE	ROTARY FELLOWSHIPS	ROTARY FELLOWSHIPS

### DISTRICT 7030

#### NEWSLETTER SUBMISSION GUIDELINES:

- Length of articles: no more than 100 words.
- Submissions should relate to the Monthly Theme or one of the Areas of Focus.
- Ensure that Rotary branding follows RI Voice & Visual Identity Guidelines (found in RI Brand Center).
- Articles should be accompanied with at least 3 photos.
- Photos should be of good reproduction quality.
- Photos should represent People of Action rather than "Grip and Grins" or just static group photos.
- Where possible, include short video clips of your projects (no longer than 2 mins in duration).
- Do not include photos of children especially when you do not have their parent's permission to publish.
- In circumstances where you take images of assisting individuals, please ensure you have permission for publishing.
- Submission of all content should be completed by the 20th of each month for consideration for the upcoming issue.

## WORD SEARCH: 7030 ROTARY/ROTARACT CLUBS

O V A G B M F P S T O D O J A  
R C Y M M E R A B L B E N U Y  
P I R I G A Q R Y R I M I N B  
F M I A G R N U R E R E T M D  
W A N T I G U A I P A R N O D  
B X X G Z P B Q G A M A E N X  
H T U O M S T R O P A R M T T  
H M P X Y B I R G B R A A S Y  
K F H E B I A V U C A T L E H  
U U K Y W C O R E B P F J R P  
J Y D O Z W A W H N D Y I R X  
R X H F U T G O Y M D J C A B  
N C N O T R E V I R R O C T S  
N E G N I J O L I A M U I G A  
Y F I I U K H U O C U U W Q M

ANTIGUA  
ARUBA  
BEQUIA  
CORRIVERTON  
DEMERARA  
KOUROU  
LAMENTIN  
LIAMUIGA  
MONTSEERRAT  
NEVIS  
PARAMARIBO  
PIARCO  
PORTSMOUTH