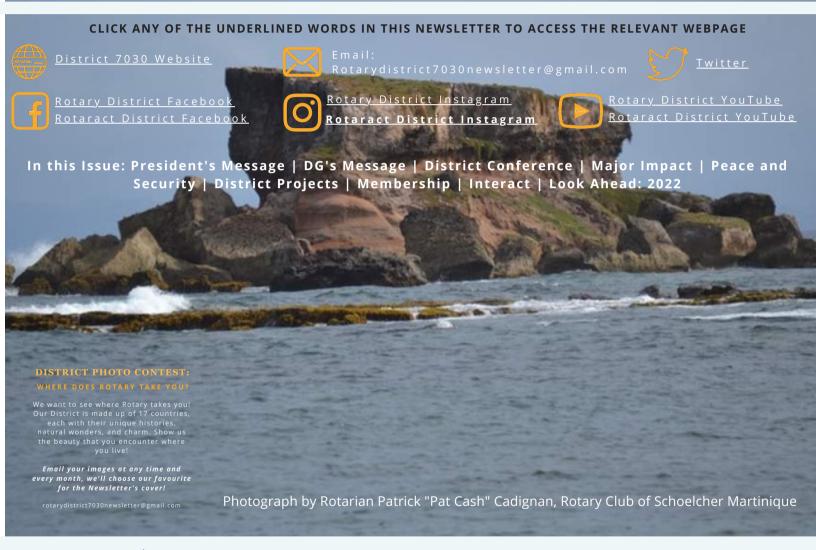


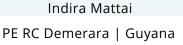
# DISTRICT 7030 MONTHLY NEWSLETTER

17 COUNTRIES • 74 ROTARY CLUBS • 47 ROTARACT CLUBS • 1 GOAL



#### MEET THIS YEAR'S EDITORIAL TEAM







Sophia Cooper

PP RC Tobago | Trinidad and Tobago

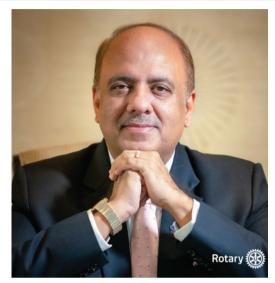


Arlene Ross

Director - Public Relations RC Barbados | Barbados



## PRESIDENT'S MESSAGE



RI President 2021-22. Shekhar Mehta

Public health is on everyone's mind due to the global pandemic that still threatens the safety of ourselves and our loved ones. In a sense, COVID-19 has made all of us much more aware of the roles and responsibilities of medical professionals than we were before we had to wear masks and maintain social distance. In addition, while moving through this pandemic, we have also learned about the role we can play in keeping others safe.

December is Disease Prevention and Treatment Month in Rotary. The pandemic unfortunately has schooled most people on the toll that disease takes on our communities. But fighting disease is something that Rotarians around the world have been doing for decades. In fact, it is one of Rotary's seven areas of focus. As Rotarians, we believe that good health and well-being is a human right — even though 400 million people across the globe do not have access to essential health services.

As Rotarians, we believe that good health and well-being is a human right — even though 400 million people across the globe do not have access to essential health services. The work we do in establishing clinics, eye hospitals, and blood banks, as well as in building infrastructure for medical facilities in underserved communities, all returns to a central belief that access, prevention, and education are the keys to stopping deadly outbreaks that harm the most vulnerable.

My exposure to health work began with my Rotary club, Calcutta-Mahanagar. There, among other things, I helped pioneer a program called Saving Little Hearts that over the years has provided more than 2,500 free heart surgeries for children from India, Pakistan, Bangladesh, Nepal, and Africa. Before the program went international, it started locally with the goal of performing just six surgeries within our community. Today, our goal is to complete another 20,000 surgeries over the next five years.

The world relies on Rotary to tackle challenges like these and to set an example for others. Over the past decade, medical professionals and government workers have provided free health services to 2.5 million people in 10 countries during Family Health Days, which are organized by Rotarians around the world. To read the complete article click here!







## **DISTRICT GOVERNOR'S MESSAGE**



District Governor, Sonya Alleyne

We are at the end of 6 months of this Rotary Year. What a period it has been. You all have made this a memorable time. My "visits" around our District have been memorable. Our Clubs, all of them - Rotary, Rotaract and Interact, are doing phenomenal things. You have, for the most part, made the shift to being relevant to your communities in the pandemic. For those of you who are still uncertain of the part you play, I urge you to remember that we (members of the Rotary family) are needed now, more than ever.

I am proud of the many projects that have been undertaken around the District that reflect the 7 Areas of Focus and particularly the special projects of the District – Peace and Childhood Obesity Prevention. We have really shown that we are People of Action.

As I look to the next 6 months, I look forward to physically visiting as many Clubs as possible. Our District has transformed the lives of the communities that we serve. We are a District of geographic diversity and I hope that we take it to the next level by embracing all forms of diversity in our Clubs.

President Shekhar really hit the nail on the head when he chose the theme Serve to Change Lives. While the pandemic continues to be a challenge for us all, as Rotarians we must continue to support The Rotary Foundation which is the engine of our organization. Through the Foundation, we truly are able to expand our reach and change lives locally, regionally and globally.

I leave you with this - Serve with integrity. Be empathetic to the cause. LISTEN to your heart. Be intentional.

Wishing you and your families the very best that 2022 has to offer.



#### **UPCOMIMG EVENT**

### DISTRICT 7030 P.E.T.S, CONFERENCE AND ASSEMBLY





#### WE ARE ONE ROTARIAN FAMILY

The 2022 District 7030 PETS Finalé, Conference and Assembly website will be a hybrid event, catering to those among us who can't wait to travel again, and, to those who would rather participate virtually.

The theme "Serve to Change Lives" covers topics and presentations that will be engaging and informative for all Rotarians whether you are an incoming leader, a regular conference delegate, or you are a Rotary baby. There will also be a virtual registration fee per club which will permit the club members wishing to attend virtually, access to the conference. Additional details will be shared with your clubs.

The PETS Finalé will be on Thursday April 7th, for the Presidents and Secretaries Elect, while the District Conference kicks off with the opening ceremony on the morning of Friday April 8th, the Home Hospitality event in the evening and we close with the ceremony and reception on Saturday April 9th.

As you register to attend in person, please remember to check your country's and Barbados' travel protocols. Our conference team will share the Barbados travel protocols with you via the <u>District website</u> and the <u>District Conference website</u>.

Those of us who choose to attend in person MUST BE FULLY VACCINATED and provide evidence of vaccination upon registration. Our goal is to host an event which will be rewarding in many ways but also in a safe and comfortable environment.

Conference Registration closes on March 15, 2022

PETS Registration: US\$75
Early Bird Conference Registration: US\$395 until January 31, 2022
Regular Registration: US\$450 until February 28, 2022
Late Registration: US\$500



#### FRITZ GRENON MAKING A MAJOR IMPACT

#### Rotarian Fritz Grenon from RC Pointe-a-Pitre is now a Major Donor.



Rotarian Fritz Grenon

As a Major Donor he is among a dedicated group of humanitarians who have committed themselves to helping others less fortunate.

Through his generosity and others like him our Rotary Foundation is able to fund sustainable projects that help communities throughout the world address their greatest challenges.

Contributions enable the Foundation to carry out an array of programs through Rotarians and Rotary clubs around the globe. For example:-

- Improve living conditions for needy families locally and globally
- 2 Increase food production and clean water programs
- 3 Provide equipment and educational materials for schools
- Allay the suffering of the sick and disabled by providing immunization, medical treatment and rehabilitation
- Provide new channels for international understanding, and brighter hopes for peace through Ambassadorial Scholarships and Rotary World Peace Fellows

#### ~~~Learn More About How To Become A Major Donor ~~~

When your cumulative donations reach \$10,000 Major Donors can choose to receive a crystal recognition piece and a Major Donor lapel pin or pendant. It is important to note name recognition is not automatic and needs to be reported to RI staff. Major Donors are recognized at the following levels: -

- Level 1: \$10,000 to \$24,999
- Level 2: \$25,000 to \$49,999
- Level 3: \$50,000 to \$99,999
- Level 4: \$100,000 to \$249,999

#### PEACE AND SECURITY

#### Intercountry Committee promoting peace and friendship

Districts 7020 and 7030 in the Caribbean are currently exploring the possibility of forming an Intercountry Committee ("ICC") with District 1145 (Rotary Great Britain and Ireland).

ICCs promote relationships between groups of two or more districts in more than one country that are committed to working together to promote peace and friendship and strengthens relationships between countries.

ICCs advance intercultural understanding among the people of various nations, foster stronger ties between members, clubs, and districts from different countries, and establish networks across borders, continents, and oceans.

To learn more about the benefits of ICCs and how they operate we encourage you to visit the following links: - Rotary Intercountry Committees - <a href="https://www.rotary-icc.org/">https://www.rotary-icc.org/</a>, About ICC's: <a href="https://www.rotary-icc.org/about-iccs">https://www.rotary-icc.org/about-iccs</a>, ICC video presentation <a href="https://youtu.be/PJfpgNNDgHA">https://youtu.be/PJfpgNNDgHA</a>

#### Youth & Peace in Action

District 7030 is proud to have a total of 630 students currently enrolled from 21 interact clubs and 2 secondary schools within our District in Youth & Peace in Action (YPA) sponsored by Rotary Zones 33 & 34. YPA aims to engage and equip young community peacebuilders.

"The course content and experiences of Youth & Peace in Action helps students explore – in an interactive, accessible way – peace ideals that are "universal" to creating a culture of peace. At the same time, the reflection and learning leads to project ideas that make a difference in the context of different community needs. The goal is education for peace, not just education about peace" - <a href="https://www.youthpeaceaction.org/pages/content">https://www.youthpeaceaction.org/pages/content</a> To learn more about YPA visit: <a href="https://www.youthpeaceaction.org">https://www.youthpeaceaction.org</a>



District 7030's Give Peace a Chance initiative was launched at PETS 2021. The District 7030 Peace Committee is satisfied that all the qualifying entries will add value to the communities in which they serve as we "Serve to change lives".

The following entries have qualified for the finals of the competition and we now await their final project submissions by March 2022.

#### PEACE AND SECURITY

#### TRINIDAD AND TOBAGO

Rotary Club of Felicity/Charlieville project is "Peace building by promoting literacy, gender equality and inclusiveness" together with project partners their Rotaract Club, Interact Club of Vishnu Boys Hindu School and Educators. The aim of the project is to address Conflict resolution strategies, literacy and empowering young women to transcend social transformation and poverty.

Rotary Club of Tobago partnered with their Rotaract Club for "The Spirit of Ubuntu: A pathway to Peace" to build understanding and identify root causes of conflict through cultural medium of storytelling and drama for all ages.

Rotary Club of Central Port of Spain partnered with RC of Central Port of Spain, Interact Club of Woodbrook Secondary on the project "Alleviation of conflict between migrants and locals" which aims to alleviate issues through cultural exchange and collaboration with the La Casita Hispanic Cultural Centre.

Rotary Club of Maraval collaborated with Rotaract Club of Maraval and the business community on the project "My Piece of Peace: Conflict resolution through virtual workshops for youth" that focuses on conflict resolution and prevention through art, role play, yoga, plant care and physical fitness

#### SURINAME

Rotary Club of Paramaribo Residence and the Rotaract Club of F.R.E.S.H collaborated on the project "Give Peace A Chance" which aims to make the Surinamese youth think about their contribution in sharing peace within their communities via a one minute video submission.

#### **GUADELOUPE & MARTINIQUE**

Interact Clubs of Guadeloupe and Jouanacaer together with Rotaract Club of Lamentin and the Rotary Club doyen of Pointe à Pitre launched a project to collect plastic caps for recycling. Funds to be used to pay for wheelchairs for disabled persons. To install pads and condom dispensers in high schools and schools.

### IN THE DISTRICT: PROJECTS

Here's how some Clubs have been Serving to Change lives!

### RC OF PARAMARIBO QUOTA AND OF RESIDENCE

Stuka Prisiri project
Basic Education and Literacy

On Saturday December 18th, the Rotary Club of Paramaribo Quota and the Rotary Club of Paramaribo Residence launched the sixth joined Stuka Prisiri project in the remote district Coronie. Twenty-four children from 4 primary schools of this district have been selected to participate in the Stuka Prisiri program that runs from January 2022 to December 2023. The goal of this project is to develop their soft skills and contribute to a positive self-image of these children. The program will include the following components: art and culture, basic life skills, sport and career orientation.



### **World Diabetes Day**Disease Prevention and Treatment

#### RC PRINCES TOWN



In recognition of World Diabetes Day, our past president Zobida Ragbirsingh presented "Diabetes: Signs, Symptoms and Prevention Management" on Wednesday November 10th, 2021 where she stressed on the importance of access to diabetes care and was very descriptive in explaining diabetes, its signs and symptoms and especially its effect on children. PP Dr. Ronald Gobin also enlightened Rotarians on new medication that is very effective in controlling diabetes. The Club also assisted Ms S. Pariag with eye care costs of \$1,500 due to diabetes and also delivered a wheelchair to Mr. Lakhan who had multiple toes amputated due to diabetes complications.

## RC PARAMARIBO QUOTA

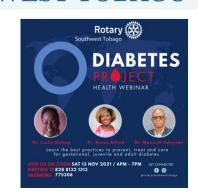
**Poku Prisiri Project** Basic Education and Literacy

The Poku Prisiri Project aims for participation of 150 students with physical and (severe) learning disabilities in a 4-6 month music education program. The last edition was in 2016, so it's due time for the next. Classes are given by professionals in music education for special needs children, who don't reside in Suriname, so the program covers travel/lodging expenses and professional fees. Training local staff will be a focus point in the next Poku Prisiri. Rotary Club of Paramaribo Quota searches USD 5,815 additionally to complete financing the next Poku Prisiri. Please donate and help our special needs children.

**Access to Diabetes Care**Disease Prevention and Treatment

### RC SOUTHWEST TOBAGO

The Rotary Club of Southwest Tobago's annual Diabetes projects was recognised from November 8th to 14th, 2021. Under the theme "Access to Diabetes Care". Taking into consideration, the restrictions of the pandemic, the club sought to raise awareness of the best practices for diabetes prevention, treatment, and care. The week started with an interview on local station Radio Tambrin 92.7fm. Other Television (Tobago Updates & Tobago Channel 5) and radio (Pulse89.5fm) appearances were also conducted to share information with members of the viewing and listening public. A virtual health webinar was also a part of the staple initiative and sought to provide attendees with comprehensive information of diabetes prevention, treatment and cure at the gestation, juvenile and adult levels. The week came to a close on World Diabetes Day which is recognized globally on November 14th.



### IN THE DISTRICT: PROJECTS

Here's how some Clubs have been Serving to Change lives!

### RC OF NEW AMSTERDAM

**Christmas Distribution** 

On the 19th of December Rotarians and Partner in Service loaded up a Canter with over 400 Toys and Goodies bag. With music blaring and Santa in service kids in the Betsy Ground, Goed Bananen Land, Adelphi and Reliance villages were treated for the Holidays.





**Christmas Hamper Distribution** 

### RC OF TOBAGO



The Rotary Club of Tobago teamed up with Sweet 100FM to bring Christmas cheer to families in Tobago, as part of their annual Christmas Charity Collection Drive. Throughout the month of December, non-perishable items and other food items were donated by members of the public who were more than happy to give. Thirty (30) families on the island were recipients of Christmas hampers. The Rotary Club of Tobago would like to thank the residents of Tobago for generously donating to the charity drive.

### RC PARAMARIBO CENTRAL

**Christmas Hamper Distribution** 



Every year in December, the Salvation Army Suriname provides Christmas food packages to the underprivileged. This year the Salvation Army organized fundraising activities in collaboration with Rotary Club Paramaribo Central (RCPC). Fundraising activities to raise financial resources for the Christmas food packages. And the collection of toys for children's homes. A total of 800 Christmas food packages were handed over on 20 December in five districts, Paramaribo, Para, Coronie, Saramacca and Nickerie. On December 24, more than fifty children were provided with a toy gift. RCPC and the Salvation Army ensured with these activities, that families can spend a merry Christmas with their family and made many children's hearts beat faster, when they received the toy gifts. Strengthening the communities is one of the main goals of RCPC to collaborate with inhabitants of the country

RCPC fellows and Interactors beautify the garden of retirement home Ashiana. The garden of retirement home Ashiana was brightened up to ensure that the elderly can enjoy their afternoon sit. A team of RCPC fellows and interactors worked closely together to clean and decorate the garden. The combination of fellowship and community strengthening ensured the goal to beautify the main garden for the elderly.



### IN THE DISTRICT: PROJECTS

Here's how some Clubs have been Serving to Change lives!

### RC PARAMARIBO





On Friday December 10th, the Rotary Club of Paramaribo (RCP) gave a donation to the Salvation Army as a contribution to annual project to give packages. This year RCP gave an amount of SRD 50,000, 700 bags of rice and 30 boxes with cleaning products. This annual tradition goes back to 2005, when PDG Henri Guda together with Major Thomas decided to initiate the partnership. As Major Thomas returned to Jamaica and Henri Guda passed away in March 2021, the President of RCP Janine den Hartog -Parisius and PDG Cees Dilweg presented the donations to Major Williams.

### IN THE DISTRICT: INTERACT

**Debate Competition**Interact





### RC SAN FERNANDO

The Rotary Club of San Fernando held its 2nd Annual Interact Debate Competition among its 5 sponsored schools over a five week period which began on October 01, 2021 and ended on November 01, 2012, the start of World Interact week. The topics debated during this period were: - Revolution now is a justifiable means to a future of Global Peace and Security, Junk food should be banned if we are to contain childhood obesity, The Covid-19 vaccine should be mandatory if we hope to curb the pandemic and Sustainable flood disaster reduction programmes require a unified global approach rather than a separate or single nation approach.

Naparima Girls' High School emerged as the winner edging out St. Joseph's Convent by one (1) point before a 200 plus Zoom audience. They retained the challenge trophy. Each member of the 5 Interact teams received medals of participation.

The entire competition was keenly contested and showed that the students knew how to synthesize information and deliver to an audience succinctly. We wish to express our immense gratitude to the judges for taking the time to judge the various competitions and for providing valuable feedback to the teams.

The Interact Clubs and their teachers are to be commended for their unstinting support for the respective teams. The competition was keenly contested in an atmosphere of rival camaraderie where students displayed a high level of initiative and leadership, critical thinking and certainly grace under pressure.

#### IN THE DISTRICT: MEMBERSHIP

Induction Membership

### RC MONTSERRAT



The Rotary Club of Montserrat inducted two new members. We welcomed Rotarian Kenford and Rotarian George

### LOOK AHEAD: 2022

#### CLUB CHARTER ANNIVERSARIES

**IANUARY 09** 

RC Tobago (53 years old)

**IANUARY 12** 

RC St. Laurent du Maroni Mana (Ouest Gayanais) (23 years old)

**IANUARY 13** 

RC Barbados South (36 years old)

**IANUARY 18** 

RC Arima (44 years old)

January's Theme is Vocational Service. To learn about this Area of Focus and read about the significant work of RI, Click here!





#### **Rotary International Convention**

Whether in person or Rotary's annual gathering can be life changing. Registration is now open and is easy for members, Rotaractors, and non-members who wish to attend and want to receive an immediate confirmation. Remember that 15 December 2021 is the last day for early-registration discount. and learn more about why you should attend the 2022 Convention

MONTHLY THEMES  Rotary (2) So sure to so sur		
MONTH	OLD THEME	NEW THEME
JULY	CHANGEOVER	TRANSITION
AUGUST	MEMBERSHIP & EXTENSION	MEMBERSHIP & EXTENSION
SEPTEMBER	NEW GENERATIONS	BASIC EDUCATION AND LITERACY
OCTOBER	VOCATIONAL SERVICE	ECONOMIC AND COMMUNITY DEVELOPMENT
NOVEMBER	THE ROTARY FOUNDATION	THE ROTARY FOUNDATION
DECEMBER	FAMILY OF ROTARY	DISEASE PREVENTION AND TREATMENT
JANUARY	ROTARY AWARENESS	VOCATIONAL SERVICE

WORLD LINDERSTANDING

LITERACY

THE ROTARIAN MAGAZINE

**FDUCATION** 

ROTARY FELLOWSHIPS

DICTRICT 7020



FERRUARI

MARCH

APRIL

MAY

ILINE



PEACE AND CONFLICT PREVENTION/RESOLUTION

WATER AND SANITATION

MATERNAL AND CHILD HEALTH

**VOLITH SERVICE** 

ROTARY FELLOWSHIP

#### Rotary Youth Leadership Awards

The next District 7030 RYLA event will be held on February 4th, 5th and 6th 2022 for Interactors. The theme will be 'Confidence in my Future' and this event will be completely online. Interactors will be given the opportunity to create their personal vision & mission board, to persuade, envision and inspire themselves. Besides speakers there will be online 'breakout sessions' Registration to this event started on November 15 and is only possible by Rotary Clubs via the District website. Costs for the participating Clubs are US\$150 (20 Interact participants).